Use UR Student to review your Program of Study (POS) and monitor your progress against your educational objectives.

**View Student Profile**

From your UR Student Home Page
1. Click your thumbnail image
2. Click View Profile
3. Click Academics

The overview tab shows your In Progress and past Programs of Study

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For UR Student Support

https://tech.rochester.edu/urstudent

Quick Reference Cards, videos, training guides and FAQs
Details on in-person support and Office Hours

For General IT Support

University IT Help Desk
(585) 275-2000

UnivITHelp@rochester.edu